

Some people think that watching sports as their leisure time activity is a waste of time.

To what extent do you agree or disagree?

Watching sport tournaments or matches on screen or sitting in a stadium is a way to pass free times for some people and others argue that it is a bad use of time, but I think that the only important thing is being relaxed.

Spending time in front of TV or a computer and watching favorite programs online or offline, are is a type of leisure time for some people and have has a lot of excitement for them. They prefer to fill their bowl of pop corn and sit on a sofa and watch matches of their team while they are surrounded by their family members, and when it comes to talking about teams, they are so aggressive.

In addition, watching sport competitions and being a fan of a team, may can be a type of hobby and fill our free times. Then, not only is it an exciting filler for our pastimes, but it also can be a reason to collect to gather our acquaintances around us and makes our day. It can be in a room or a stadium, but it is not important that where and when it happens, the only precious thing is that you just enjoy it.

On the other hand, some argue that sitting on a chair in a sport facility or on a couch at home in front of a screen and burning calories es because of others' competition and being nervous is-are not a proper way to spend your leasure-leisure time at. Having a swim in a pool alone or with relatives can be both exciting and healthy.

In conclusion, I think it is not important what we do in our free times, but if it is adapted-compatible with our feeling fellings and if we are enjoying it, this is a are more important issue, although having activities guarantees our health.

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